New Constraints on the Early Expansion History of the Universe

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Cosmic microwave background measurements have pushed to higher resolution, lower noise, and more sky coverage. These data enable a unique test of the early Universe’s expansion rate and constituents such as effective number of relativistic degrees of freedom and dark energy. Using the most recent data from Planck and WMAP9, we constrain the expansion history in a model-independent manner from today back to redshift \( z = 10^5 \). The Hubble parameter is mapped to a few percent precision, limiting early dark energy and extra relativistic degrees of freedom within a model-independent approach to 2%–16% and 0.71 equivalent neutrino species, respectively (95% C.L.). Within dark radiation, barotropic ether, and Doran-Robbers models, the early dark energy constraints are 3.3%, 1.9%, and 1.2%, respectively.

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Except for the last \( e \) fold of cosmic expansion, our knowledge of the state of the Universe arises directly only through measurements of the cosmic microwave background (CMB) radiation or indirectly (as in models of its influence on growth of large scale structure). Recent CMB data [1,2] provide a clear window on an additional 10 \( e \) folds of history (back to redshift \( z = 10^5 \)), a vast improvement in mapping the Universe.

The expansion rate, or Hubble parameter, is a fundamental characterization of our Universe and includes information on its matter and energy components, their evolution, and the overall curvature of spacetime. Moreover, the CMB encodes linear perturbations in the photons and the gravitational potentials they experience, providing sensitivity to the microphysics of components, e.g., their sound speed.

These observations lead to constraints on quantities such as early dark energy and extra neutrino species or other relativistic degrees of freedom. However, most analyses assume a specific model for these deviations, enabling stringent but model-dependent constraints. In this Letter, our approach is to map the cosmic state and history in a model-independent fashion as practical, guided by the physical constant plus cold dark matter plus standard radiation density, and

\[
H^2(z) = \frac{8\pi G}{3} \left[ \rho_m(a) + \rho_r(a) + \rho_\Lambda \right] [1 + \delta(a)].
\]

(1)

where \( \delta \) accounts for any variation from \( \Lambda \)CDM (cosmological constant plus cold dark matter plus standard radiation) expansion history, and \( \rho_m \) is the matter density, \( \rho_r \) the radiation density, and \( \rho_\Lambda \) the cosmological constant density. The bins in the deviation \( \delta(a) \) are slightly smoothed for numerical tractability, with

\[
\delta = \sum_i \frac{\delta_i}{1 + e^{(\ln a - \ln a_i)/\tau}} - \frac{1}{1 + e^{(\ln a - \ln a_i)/\tau}}.
\]

(2)

Within bin \( i \), \( \delta = \delta_i \), and far from any bin \( \delta = 0 \). A smoothing length \( \tau = 0.08 \) was adopted after numerical convergence tests. (A similar binned approach was used in Refs. [3] to bound early cosmic acceleration.)

We modify CAMB [6] to solve the Boltzmann equations for the photon perturbations in this cosmology. The dark parameter or dark components and allows the data to inform where the greatest sensitivity lies. Such PCA on the Hubble parameter for projected mock CMB data was used in Ref. [3] to predict the strength of constraints at various epochs of cosmic history.

This identification of the key epochs where physical conditions most affect the observations enables an informed choice of bins in log scale factor to use in a MCMC fit. Bins have several advantages over the raw PCA: (1) they are localized and can be clearly interpreted physically—the Hubble parameter during a specific epoch, (2) they avoid negative oscillations that can cause unphysical results [while the sum of all principal components (PCs) will give a positive, physical Hubble parameter squared, this is not guaranteed for a subset], and (3) they are well defined, not changing when new data are added.

The Hubble parameter, or logarithmic derivative of the scale factor, \( H = d\ln a/dt \), is then written as

\[
H^2(a) = \frac{8\pi G}{3} \left[ \rho_m(a) + \rho_r(a) + \rho_\Lambda \right] [1 + \delta(a)].
\]

(1)

where \( \delta \) accounts for any variation from \( \Lambda \)CDM (cosmological constant plus cold dark matter plus standard radiation) expansion history, and \( \rho_m \) is the matter density, \( \rho_r \) the radiation density, and \( \rho_\Lambda \) the cosmological constant density. The bins in the deviation \( \delta(a) \) are slightly smoothed for numerical tractability, with

\[
\delta = \sum_i \frac{\delta_i}{1 + e^{(\ln a - \ln a_i)/\tau}} - \frac{1}{1 + e^{(\ln a - \ln a_i)/\tau}}.
\]

(2)
energy density contributed by the deviations $\delta$ and the cosmological constant term (which becomes negligible at high redshift) has an effective equation of state

$$1 + w = \frac{Q \delta}{1 + \delta(1 + Q)}(1 + w_{bg}) - \frac{1}{3} \frac{d \delta}{1 + \delta(1 + Q)} d \ln a,$$

where $Q = (\rho_m + \rho_r)/\rho_\Lambda$ and $w_{bg}$ is the background equation of state of the combined matter and radiation (e.g., $1/3$ during radiation domination, transitioning to 0 during matter domination). Thus, $w$ and $w' = dw/d\ln a$, entering into the Boltzmann equations, are defined fully by Eq. (2) for $\delta$. We choose the associated sound speed to be the speed of light, as in quintessence dark energy, but explore variations of this later.

Guided by the PCA of Ref. [3], where the first few PCs show the greatest sensitivity in $\log a \in [-4, -2.8]$, we choose bins $\delta_{-5}$ in the logarithmic scale factor $\log a = [-5, -4]$, $[-4, -3.6]$, $[-3.6, -3.2]$, $[-3.2, -2.8]$, $[-2.8, 0]$, so the finest binning is near CMB recombination at $a = 10^{-3}$. (Future CMB data could change the PCs, but we could keep the same bins, or not.) The cosmological parameters we fit for are the six standard ones: physical baryon density $\Omega_b h^2$, physical cold dark matter density $\Omega_c h^2$, acoustic peak angular scale $\theta$, primordial scalar perturbation index $n_s$, primordial scalar amplitude $\ln(10^{10} A_s)$, and optical depth $\tau$, plus the five new deviation parameters $\delta_{1-5}$. Additional astrophysical parameters enter from the data, as discussed next.

**Constraints.**—To constrain the cosmology with the data, we use MCMC analysis, modifying COSMOMC [7]. The likelihood involves the temperature power spectrum from the two satellite experiments, and the $E$-mode polarization and TE cross spectrum from WMAP. (The first Planck likelihood release does not include polarization or the high multipole likelihoods from Atacama Cosmology Telescope [8] or South Pole Telescope [9]; in the future, such data should become available.) Astrophysical nuisance parameters characterizing foregrounds (see Ref. [1]) are marginalized over.

Figure 1 shows the constraints on the standard cosmological parameters, in the $\Lambda$CDM case (fixing $\delta_i = 0$) and when allowing variations in the expansion history (fitting for the $\delta_i$). Here, the Hubble constant $H_0$ replaces the $\theta$ parameter and we omit showing $\tau$. Including the fitting for expansion history deviations induces roughly a factor of 2 larger marginalized estimation uncertainties for most of the standard cosmology parameters, and significantly shifts the cold dark matter density value. This is due to the deviations in the Hubble parameter having similar effects on the expansion near recombination to those in matter, so $\delta$ takes the place of some of $\rho_m$. We discuss this degeneracy further later. The best fit for the $\Lambda$CDM case remains within the 68% confidence contour when allowing expansion deviations.

Figure 2 shows the constraints on the expansion history deviations. Note that to ensure positive energy density (and Hubble parameter squared), we restrict $\delta \geq 0$, i.e., equal or more early energy density than in the $\Lambda$CDM case (which has $\Omega_\Lambda \approx 10^{-9}$ at $a = 10^{-3}$; allowing the limiting non-negative energy density $\delta \approx -10^{-9}$ would have negligible impact on the distributions). Note that these binned deviations do not have appreciable covariances with each other, with the correlation coefficients under 0.26 except for $\delta_2 - \delta_4$ at 0.49. This is a useful feature, adding near independence to localization, making their interpretation transparent, and is a result of the careful choice of bins based on the PCA of Ref. [3].

Table I gives the 95% confidence upper limits on each expansion deviation parameter, showing that recent CMB data provide 2%–16% constraints on the expansion history back to $z = 10^5$. The earliest bin, of $\delta_1$, is reasonably

![FIG. 1](image1)

**FIG. 1.** (color online). Joint 68% confidence contours on the standard cosmological parameters are shown when allowing for expansion history deviations from $\Lambda$CDM (black) and fixing to $\Lambda$CDM (smaller contours or dashed curves). Plots on the diagonal give the 1D marginalized probability distributions.

![FIG. 2](image2)

**FIG. 2.** Joint 68% and 95% confidence contours on the expansion deviation parameters are shown. Plots on the diagonal give the 1D marginalized probability distributions.
TABLE I. 95% confidence upper bounds are given for the expansion history deviations \( \delta \), listed by the bin number and midpoint of the \( \log_{10} \) bins, for cases with different sound speeds.

<table>
<thead>
<tr>
<th>Case</th>
<th>( \delta_1 ) (10^{-4.5})</th>
<th>( \delta_2 ) (10^{-3.8})</th>
<th>( \delta_3 ) (10^{-3.4})</th>
<th>( \delta_4 ) (10^{-3.0})</th>
<th>( \delta_5 ) (10^{-1.4})</th>
</tr>
</thead>
<tbody>
<tr>
<td>( c_s^2 = 1 )</td>
<td>0.036</td>
<td>0.050</td>
<td>0.160</td>
<td>0.095</td>
<td>0.018</td>
</tr>
<tr>
<td>( c_s^2 = 1/3 )</td>
<td>0.053</td>
<td>0.054</td>
<td>0.067</td>
<td>0.038</td>
<td>0.013</td>
</tr>
<tr>
<td>( c_s^2 = 0 )</td>
<td>0.060</td>
<td>0.069</td>
<td>0.109</td>
<td>0.184</td>
<td>0.223</td>
</tr>
</tbody>
</table>

Figure 3 shows the mean value and 68% uncertainty band of the expansion deviations \( \delta(a) \) given by the Monte Carlo reconstruction using the recent CMB data. This figure represents the best current model-independent knowledge of the early expansion history of our Universe. Setting all \( \delta_i = 0 \), i.e., \( \Lambda \text{CDM} \), is consistent with these results at the 95% confidence level. The mean value does show a very slight preference for a faster expansion rate, as in early dark energy or extra relativistic degrees of freedom, before recombination.

**Physical implications.**—This analysis has been model independent, allowing individual epochs to float freely without assuming a functional form. If we do assume a specific model, then constraints will in general be tighter, with each epoch having leverage on others through the restricted form.

Three distinct families of early dark energy might be considered: where the early dark energy density rises, falls, or stays constant across CMB recombination. These were investigated in Ref. [3] in terms of the (somewhat motivated) models of barotropic ether, dark radiation, and Doran-Robbers [12] forms, respectively (see Ref. [3] for more detailed discussion). We compute the constraints on the fraction \( \Omega_e \) of critical density contributed by early dark energy (approximately equivalent to \( \delta \)) within each of these models (not using the \( \delta_i \) bins), giving the results in Table II. (Note that Planck finds \( \Omega_e < 0.009 \) at 95% C.L. for the Doran-Robbers model when also including high multipole data [13].)

TABLE II. The 95% confidence level uncertainties are presented for three early dark energy models. For small values, \( \Omega_e \approx \delta \). The Doran-Robbers model has an additional parameter \( w_0 \); we find \( w_0 = -1.49^{+0.65}_{-0.53} \) (95% C.L.).

<table>
<thead>
<tr>
<th>Model</th>
<th>Ether</th>
<th>Dark radiation</th>
<th>Doran-Robbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>( \Omega_e )</td>
<td>0.019</td>
<td>0.033</td>
<td>0.012</td>
</tr>
</tbody>
</table>

The expansion history does not completely define the system of Boltzmann equations: the effective dark component can have internal degrees of freedom such as sound speed \( c_s \), which determine the behavior of its perturbations and hence the gravitational clustering of the photons [10]. Therefore, we also show in Table I the constraints when this sound speed is equal to that of a relativistic species \( (c_s^2 = 1/3) \) or is much smaller than the speed of light, cold dark energy with \( c_s = 0 \). The \( c_s = 0 \) case has looser bounds, due to the additional influence on the photon clustering with the strengthened gravitational potentials and to covariance with matter parameters during matter domination. For the \( c_s^2 = 1/3 \) case, where the extra expansion rate corresponds to extra relativistic degrees of freedom, the constraints are weaker during radiation domination. This is a combination of the expansion deviation occurring just like the photons and a slight preference of the data for additional radiation energy density, in accord with previous hints that the number of effective neutrino species \( N_{\text{eff}} \) might be greater than the standard model value of 3.046. Indeed, the mean value of \( \delta_2 = 0.026 \) in this case corresponds to \( \Delta N_{\text{eff}} = 0.31 \), in good agreement with the Planck values of \( N_{\text{eff}} = 3.39 \). Recall that \( \Delta N_{\text{eff}} \) denotes the equivalent number of relativistic neutrino species corresponding to the extra energy density. Since \( \delta_2 \) is not in the fully radiation dominated era, we must translate it to the constant early dark energy density using Eq. (25) of Ref. [3] and then to the asymptotic relativistic \( \Delta N_{\text{eff}} \) using Eq. (6) of Ref. [11].

In all other parts of the Letter, we keep \( c_s = 1 \).
Two aspects of the models impact their detectability: the 
presence of the expansion history deviation at a sensitive 
epoch and its persistence over time, and its clustering 
behavior. The common Doran-Robbers form has the tight-
est bounds (despite the extra parameter), due to its persist-
tence pre- and postrecombination and its distinction from 
matter clustering since it has $c_s^2 = 1$. The ether model only 
begins to deviate around recombination and has $c_s^2 = 0$, so 
there is more covariance with the dark matter component. 
Dark radiation has influence only before recombination, 
and its $c_s^2 = 1/3$ makes it more covariant with the photons 
(and neutrinos). A key conclusion is that early dark energy 
could in fact be more prevalent than apparent from bounds 
in the literature on the Doran-Robbers model.

Since dark radiation density at early times scales like 
radiation, it acts like the addition of relativistic degrees of 
freedom. Taking into account the definition of extra 
degrees in terms of the number of effective neutrino spe-
cies $N_{\text{eff}}$, the constraint on $\Omega_\epsilon$ within the dark radiation 
model translates to [11]

$$\Delta N_{\text{eff}}(a \ll a_{eq}) = 7.44 \Omega_\epsilon/(1 - \Omega_\epsilon).$$

Thus, $\Omega_\epsilon < 0.033$ for the dark radiation model becomes 
$\Delta N_{\text{eff}} < 0.25$ at 95% C.L. This puts a tighter global bound 
on $\Delta N_{\text{eff}}$ compared to our model-independent value from $\delta_2$ 
before recombination ($\Delta N_{\text{eff}} < 0.71$ at 95% C.L.), 
where again we have to account for $\delta_2$ not being in the 
fully radiation dominated era).

Another implication of the expansion history is its rela-
tion to the spacetime itself. The Ricci scalar curvature is 
the central quantity in the Einstein-Hilbert action for gen-
eral relativity and plays a key role as well in extensions to 
gravity such as $f(R)$ theories. The curvature history of the 
Universe has been explored from a theoretical perspective 
recently by Ref. [14]. Since

$$R = 3H^2 \left[ 1 - 3w_{bg} \frac{H_{\text{fid}}^2}{H^2} - 3w \frac{\delta H^2}{H^2} \right]$$

$$= 3H_{\text{fid}}^2 \left[ 1 - 3w_{bg} + \delta(1 - 3w) \right],$$

observational constraints on $\delta$ [and hence $w$ through 
Eq. (3)] can be used to cast light on the curvature history.

Conclusions.—We have used the recent advances in CMB 
data to constrain the fundamental quantity of the 
expansion history of our Universe. The results from the 
model-independent analysis bound deviations from 
$\Lambda$CDM at 2%–16% (95% C.L.), depending on the epoch. 
This constrains any deviations, whether due to, e.g., some 
form of dark energy or a nonstandard number of relativistic 
degrees of freedom. It also relates directly to the Ricci 
space time curvature. 

Adding late time data that help to constrain $H_0$ or $\Omega_m$, 
say, would help break the degeneracy around recombina-
tion that led to the loosest, 16% upper bound on deviations. 
However, proper treatment of this would require many low 
redshift bins to reflect the density of the data, while our 
focus here is on the early expansion history.

We regard the model independence of the analysis as a 
signal virtue; however, we can also compare the bounds for 
specific early dark energy models. For the barotropic ether, 
dark radiation, and Doran-Robbers models, we derive 95% 
C.L. limits of less than 0.019, 0.033, and 0.012 in early dark 
energy density $\Omega_\epsilon$, respectively. We emphasize that bounds 
appear tightest when assuming the conventional Doran-
Robbers form, and so early dark energy should be not be 
thought to be ruled out based purely on constraining this 
model. In terms of extra effective neutrino species, the 
model-independent results imply $\Delta N_{\text{eff}} < 0.71$ at 
95% C.L.

Future CMB data, such as the release of polarization 
data from Planck, ACTpol [15], PolarBear [16], and 
SPTpol [17] experiments will enhance our knowledge of 
the history back to $z = 10^5$. Exploring the even earlier 
universe will require neutrino, dark matter, or gravitational 
wave astronomy. Late time probes will continue to map the 
last $e$ fold of cosmic expansion in greater detail. Over just a 
few years, cosmological observations have taken us from 
order unity uncertainty (with $\approx 10\%$ in narrow epochs 
around recombination and today) to a few percent level 
knowledge over more than 10 $e$ folds of cosmic history.

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